



## Therapi Iaith a Lleferydd i Blant Children's Speech & Language Therapy

# Create opportunities to communicate

Create opportunities for you and your child to communicate.

### How?

- ★ **Place a favourite object out of reach** – for example, at bath time, put bath toys out of reach, but where they can be seen. Wait until your child asks for them and give it to them straight away, naming them as you do so.
- ★ **Offer a little bit** – give your child small amounts of juice/snack/lego and wait for them to show you they want more. Give a little bit more, naming the item e.g. “More juice” and wait again. Make sure your child can see that more is available.
- ★ **Do something silly** – which will cause a reaction from your child e.g. put their shoe on their hand, forget to take the lid off their yoghurt, hide toys in surprising places.
- ★ **When things go wrong** – or are too hard for your child to do by themselves, rather than jumping in to help, wait a few seconds to see what your child does. This will give them the opportunity to ask for help. As you help them you could say “Mummy help” or “Daddy do it”.
- ★ **Pausing a familiar routine** – a familiar routine is anything that you do over and over again with your child for example:



- Playing tickle
- Swinging on a swing
- Singing nursery rhymes such as ‘row, row, row your boat’
- Or a game you’ve made up with your child



Pause and wait for them to ask you to carry on.

**Click on the video link below to give further information and ideas on how you can create opportunities at home with your child.**

[Trolley time - BBC Tiny Happy People](#) - watch how Dad gives a choice

[Sensory fun - BBC Tiny Happy People](#) - watch how Dad pauses in the

nursery Rhyme for Penny to join in