



Therapi Iaith a Lleferydd i Blant Children's Speech & Language Therapy

Fun with sounds

Children often find it easier to copy sounds first rather than words. Sounds can be fun and exciting!

How?

- ★ Remember to make your voice sound interesting by using different volumes and making your voice sound tuneful.
- ★ Silly sound play – play with sounds such as blowing 'raspberries', exaggerated yawns, making noises into empty kitchen roll tubes.
- ★ Link sounds to actions – make a 'buh-buh-buh' sound while bouncing your child on your knee, a 'groan' when picking up something heavy, saying 'up' when picking your child up or going up a step.
- ★ Use sounds and fun words in play - for example:
 - “bang!” a saucepan or drum
 - “pop!” the bubbles
 - “crash!” the toy car
 - go “wheeee” down the slide
- ★ Try to include other family members so that language becomes sociable, fun and useful.
- ★ Accept any early attempts your child makes. Even if it doesn't sound quite right, smile and copy the word back to them.

When?

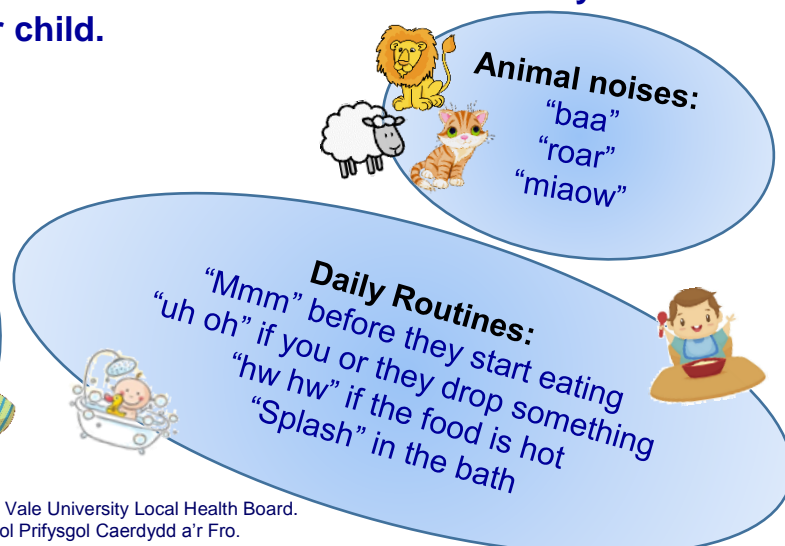
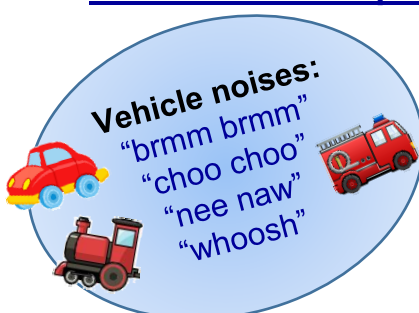
During daily tasks such as loading the washing machine, bath time, mealtimes, dressing, tidying and shopping as well as at playtime.

It is better to do the activities many times throughout the day rather than making your child sit for half an hour once a week.

Click on the video link below to give further information and ideas on how you can play with sounds at home with your child.

[On the swings - BBC Tiny Happy People](#)

Some more examples:



Daily Routines:
“Mmm” before they start eating
“uh oh” if you or they drop something
“hw hw” if the food is hot
“Splash” in the bath