

Nail Procedure Appointment Letter

Dear

You have been referred for a minor operation on your toenail(s).

An appointment slot for 1 hour for this appointment has been made for you at:

Podiatry, St David's Hospital, Cowbridge Road East, Canton, Cardiff, CF11 9XB

On at

If for any reason you are unable to attend please notify us **immediately** so the appointment may be re-allocated.

IMPORTANT – Please note the following:

- Please make sure that your feet are clean and dry and free from nail varnish.
- You will be asked questions about your general health and details will be taken of all the medication that your G.P has prescribed for you. **Please bring a list of all your medication.**
- You will be given an injection of local anaesthetic into both sides of the toe(s) to be operated on. This will completely numb your toe; this numbness will last for up to 4 hours.
- The toe nail that has been causing you problems will then be partly or totally removed depending on what you and the Podiatrist have decided. A chemical will be applied to the root of the nail to ensure that the nail or part of the nail does not re-grow.
- Your toe(s) will then be dressed with a sterile dressing. This first dressing will be bulky and will probably not fit into your usual shoes, please bring a sandal, slipper or large soft shoe to wear over the dressing.
- We recommend that you do not drive a car for 24 hours after the operation and please avoid alcohol for 24 hours before and after the operation.
- Children under 16 should be accompanied by a parent or legal guardian.

PLEASE REMEMBER YOUR ASTHMATIC PUMP (FOR ASTHMATICS) AND GTN SPRAY (FOR ANGINA)

If you have any questions regarding the operation or the advice please contact the department on the above telephone number.

Yours sincerely